



3 March 2026

Dear Swim Family,

As the leaves begin to turn and the air grows cooler, we're reminded that every season brings new energy, new goals, and new opportunities. Autumn is a time of steady progress—perfect for building confidence, strength, and resilience in the water.

At our swim school, we believe that growth doesn't happen all at once. It happens stroke by stroke, kick by kick, and with every brave moment our swimmers show up ready to learn. This season, let's embrace the slower rhythm, focus on mastering skills, and celebrate the small wins that add up to big breakthroughs.

Whether you or your swimmer is just learning to float or working toward perfecting their technique, autumn is the ideal moment to reset intentions and dive into the next chapter with enthusiasm. We're here cheering for every splash, every improvement, and every smile along the way!

We will be closed on Saturday the 21st of March 2026, as it is a public holiday - Human Rights Day.

Please take note that when we have **lightning and/or thunder**, we must stop the lessons for everyone's safety. Our drill is set out in the Contract, so we won't repeat it again here. We do not cancel a whole session, because sometimes a storm passes over quickly, and we are able to resume after only missing a couple of lessons or so. Other times it can be several hours before we can get back in the water again. We have no way of knowing what the progress will be, but when we resume, we will include those swimmers who have been kept waiting, up until normal closing time for the day. You're welcome to contact us should you require further clarity.

🌸 Let's make this autumn a season of progress, confidence, and strong swimmers—together.

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Keep swimming, keep growing, and remember: every great swimmer was once a beginner who didn't give up.

Here's to a motivating and memorable season ahead! ❤️🏊‍♀️

Warm regards,

Irene and Noreen