



2 May 2018

Dear Parents and Swimmers,
We hope you had a great autumn so far.

Kindly note that we remain open throughout the winter and during the school holidays. Both the pools and the changing rooms are heated. Remember that winter swimming is good for asthma and allergies, the deep controlled breathing is great for the lung strength and moderate exercise helps to fight infections!

Some parents find it difficult to find swimwear in the winter. Mr Price Sports have cycle shorts with a lining, which are suitable for the boys. They also sell swimwear for girls.

Please remember to check our lost and found basket for any items left here at the school.

Remember that you are welcome to pay additional payments each month to cater for your December/January fees at the end of the year.

Thank you for your continued support and we trust you will have a happy and healthy winter.

Best wishes,
Irene and Noreen